

INCIDENT PROCEDURE



- TAKE CONTROL
- ASSESS THE SITUATION
- DELEGATE ACTION
- CONTACT THE EMERGENCY SERVICES

Tell them: Who you are - Type of emergency – Location

EMERGENCY SERVICES - UNITED KINGDOM

At sea	All incidents: Coastguard	VHF DSC (or Channel 16)
	Lives in immediate danger:	Mayday (distress button)
	Decompression illness:	Pan Pan
On land	Decompression illness: BHA / RN Diver Helplines	
	England, Wales, Northern Ireland:	07831 151523
	Scotland:	0845 408 6008
	Near drowning:	Ambulance 999 or 112
	Lost diver:	Coastguard/Police 999 or 112

Decompression illness

Keep the casualty quiet

Lie casualty flat on back
Do NOT raise legs
Administer 100% oxygen
Administer fluids

Basic life support

Check safety

↓
Unresponsive? → Shout for help

↓
Open airway

↓
Not breathing normally? → Send for/go for AED
Call emergency services

↓
30 chest compressions

↓
CC+RB 30:2 (follow voice prompts when AED in use)

DIVE DETAILS Casualty name:

Ascent	Normal Y/N	Rapid Y/N	Missed stops	mins
Use separate sheet for buddy		Incident dive	Previous dives (most recent first)	
Gas mix (if rebreather write RB and give diluent mix)				
Surface interval (since previous dive)				
Depth (m) & Dive time (surface to surface, or 1st stop if taken)				
Stop 1 (mins @ m) & deco mix				
Stop 2 (mins @ m) & deco mix				
Stop 3 details (Record dives with >3 stops on a separate piece of paper)				
Surfacing time (and date if needed)				